

Freedom in Art-Making: Intuition & Creative Expansion

Please join artist and teacher Anni Bretschneider to explore art-making from intuition. Curious about working with more freedom? Stuck in a familiar mode? Feeling a pull for more but uncertain about how or next? Exploring through play and open-ended experiments can broaden your personal artistic language.

Art imagery fills our canvas in beautiful ways. This is an invitation that we can go deeper and bring more of ourselves to our art. Passion can shape your creative direction. Can we push our own habits and preconceptions? This is a great opportunity to learn ways to trust, let go of results and get in motion.

In her presentation, Anni will share her journey, introduce ideas, tools and processes to incorporate an intuitive way of being in your art practice so you can listen to your own creative impulse and share your view of the world with more confidence. Join us for this insightful talk.

Anni Bretschneider is an enthusiastic artist and facilitator. Painting since 2004, she is a lifelong learner who emphasizes play and exploration. Anni has taught locally for seventeen years in various media and topics. Her work and practice includes mixed media, Plein Air, poetry, acrylic, watercolour, meditation, journal and intuitive work. Anni received an Expressive Arts Certification in 2017, and founded Creative Act Art in 2019.

Bio

Anni Bretschneider has been painting, creating and teaching for almost 22 years. Her professional 'before art' background was in financial services as an Associate Advisor for both Woody Gundy and RBC Private Client Investments. She also worked on the wholesale side for a Chicago-based firm introducing Exchange Traded Funds to Ontario brokers and investors.

Anni's journey in art began in 2004 with watercolour, a medium she showed and taught exclusively until 2014. She received an Expressive Arts Certification in 2017, and in 2019 founded Creative Act Art as an umbrella for art classes, creative events, painting retreats and the healing arts. She is an Alumni of the Creative Visionary Program, a twelve week art & soul-based intensive offered by Art2Life.

Solo Exhibitions in 2024 and 2025 included new intuitive acrylic work of floral, landscape and abstract art in lively colour. Recent awards include an Honourable Mention for What's Held in Memory at Art Aurora and 1st Prize for When Flowers Follow at the fall Newmarket Group of Artists 'Tell Me A Story' Exhibit.

Anni has worked creatively in journals since 2016, writes some poetry, loves watercolour, enjoys collage, acrylic, mixed media, meditation, painting outside, long cycles, ocean shores and walks in the forest. She is most interested in exploring creative boundaries and to cultivate freeing authentic expression in herself.